



PRENATAL CHIROPRACTIC INTAKE FORM

Thank you for allowing us the opportunity to be a part of your pregnancy health care. This form is to be completed in addition to our regular patient history so we can better serve you throughout your pregnancy.

Name: _____ Date: _____

CURRENT PREGNANCY

Due Date: _____

I am in my: _____ week of pregnancy.

Pre-pregnancy weight: _____ Current weight: _____ Height: _____

Childbirth preparation: Bradley ___ Lamaze ___ Other _____

Childbirth caregiver(s): OB/GYN _____ Doula _____ Midwife _____

Last visit to Caregiver: ___/___/___ Caregiver's name and phone # _____

I plan on giving birth at: Hospital _____ Home _____ Other _____

What position do you sleep in? Side _____ Back _____ Stomach _____

Any traumas during this pregnancy? If yes, please describe: _____

Any hospitalizations during this pregnancy? If yes, please describe: _____

Any medications during this pregnancy, including over the counter medication?

Please Describe: _____

Any fertility treatment? If yes, please describe: _____

Any other information you would like us to know about you and your pregnancy?

PREVIOUS PREGNANCIES/BIRTHS

of previous pregnancies: ____ # of previous births ____ Please explain any difference in numbers:

Names & ages of children: _____

Your previous births were at: Hospital ____ Home ____ Birth Center ____

Medications used in prior births: None ____ Pitocin ____ Epidural ____

Interventions in prior births: Breaking of water ____ Vacuum ____ Forceps ____ Episiotomy ____

How long was your previous labor? Total: ____ Time you spent pushing: _____

Did you have chiropractic care during your previous pregnancies? Y ____ N ____

AFTER 32ND WEEK OF PREGNANCY

Position of baby: Head down ____ Posterior ____ Breech or malposition ____

Confirmed by: Palpation by _____ on ____/____/____

Ultrasound by _____ on ____/____/____

How long do you believe baby has been in this position? _____

THE WEBSTER TECHNIQUE DEFINED

International Chiropractic Pediatric Association definition of Webster Technique:

The Webster technique is a specific chiropractic analysis and adjustment that reduces interference to the nervous system, balances out pelvic muscles and ligaments which in turn removes torsion to the uterus, reducing the potential for intra-uterine constraint and allows the baby to get into the best possible position for birth.

Statement to pregnant patients of Nadia Ramirez, DC

I understand that Nadia Ramirez, DC provides chiropractic adjustments to treat musculoskeletal complaints in patients, including pregnant women.

Patient Signature _____

Date: _____

Print Name _____